

BERNIE'S BUDDIES

Helping Calgary's kids learn to live again after loss.

1 in 5 children will experience the death of someone close to them by age 18.

Bernie's Buddies is a registered charity that provides integrated workshops in a peer group setting to help kids feel less alone as they navigate feelings from grief when a significant person in their life dies.

Schedule a FREE presentation to learn:

- myths of kids' grief
- outcomes of unsupported childhood bereavement
- why we need alternative kids' grief resources
- what makes Bernie's Buddies' workshops unique
- next available workshop dates
- how to book a workshop for your organization

Workshops are available at no cost to participants and include visiting with a therapy dog, yoga movement and relaxation, and facilitated creative conversation.

Contact us today!
403-467-7923
www.berniesbuddies.ca

Charitable registration number: 80458 0173 RR 0001

